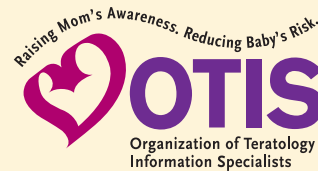


Every mom has questions.  
Help us help you.

## OTIS Mission

The Organization of Teratology Information Specialists (OTIS) is dedicated to providing accurate evidence-based, clinical information to patients and health care professionals about exposures during pregnancy and lactation. The organization serves to provide education, to conduct relevant research and to support teratology information services throughout North America.



Little is known about the use of some medications during pregnancy. Help yourself and others by volunteering in these important research studies. In addition to contributing to medical research, you will be able to obtain up-to-date information about the use of medications during pregnancy, and may obtain a free exam of your baby by a specialized pediatrician.



For more information about specific exposures during pregnancy or to learn more about our research studies, call our toll-free number today.

**(877) 311-8972**

[www.otispregnancy.org](http://www.otispregnancy.org)

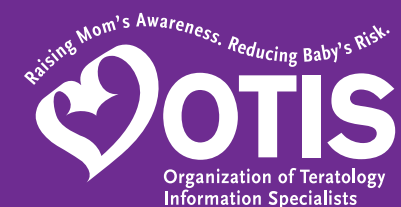
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## OTIS Pregnancy Studies

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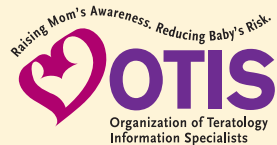


### Pregnant? Breastfeeding? A few questions you may have...

- Should I get the flu vaccine during pregnancy?
- Is my psoriasis medication going to affect my pregnancy?
- Can I take my arthritis medication while breastfeeding?

OTIS counselors provide FREE up-to-date, evidence-based information about:

- Prescription and over-the-counter medications
- Infections and diseases
- Vaccinations
- Recreational drugs and alcohol
- And more...



Call Toll-Free Today (877) 311-8972

## Raising Mom's Awareness. Reducing Baby's Risk.

### Help yourself and others by volunteering in these important studies.

#### What is the purpose of the research studies?

The purpose of the studies is to learn more about the safety of medications and diseases during pregnancy.

#### Who conducts the research studies?

The studies are collaborative studies conducted by OTIS. The coordinating center is located at the University of California, San Diego (UCSD).

#### What kind of research studies are they?

These are observational research studies. "Observational" means that the researchers simply follow you throughout your pregnancy — you will not be asked to take specific medications or undergo any invasive procedures if you participate in this research study. Instead, you will be asked questions about your pregnancy, your health history, and the birth of your child.

#### Current studies include:

- Asthma in Pregnancy
- Autoimmune diseases, such as ankylosing spondylitis, Crohn's disease, psoriatic arthritis and psoriasis, and rheumatoid arthritis, in Pregnancy
- Vaccines and Antiviral medications in Pregnancy

Check out our website for more information:

[www.otispregnancy.org/research](http://www.otispregnancy.org/research)

#### What you can expect when contacting OTIS...

Participation is free, voluntary and your information will be kept confidential.

#### What will I be asked to do?

You will be asked to participate in the following:

- Two to four phone interviews
- Release of copies of medical records related to your pregnancy

#### Questions will be asked about:

- Pregnancy exposures to medications, chemicals, illnesses or other environmental exposures
- The dates during which the exposure occurred and the dose or amount of the exposure

#### What you get out of the experience...

- FREE information about medications and other exposures during pregnancy and lactation
- Your child may be eligible for a FREE pediatric exam
- Results of the study

*"The entire experience was great. The doctor was wonderful! I hope this helps women in the future!"*

– Anonymous Study Participant



### We're Online: [www.otispregnancy.org](http://www.otispregnancy.org)



#### Fact sheets

Fact sheets regarding exposures during pregnancy are available online in PDF format. These fact sheets cover a range of topics from medications and vaccines, to diseases and environmental exposures, and are free to download and print.

#### Recent publications

Please check our website for the most recent publications.

*Se habla español*

